

Office Visits to Urologists, National Ambulatory Medical Care Survey: United States, 1975-76¹

Using data from the National Ambulatory Medical Care Survey (NAMCS), this report describes an estimated 20,728,000 visits made to the offices of urologists over the 2-year span from January 1975 through December 1976. NAMCS is a sample survey designed to explore the provision and utilization of ambulatory care in the physician's office-the setting where most Americans seek health care. The survey is conducted yearly throughout the coterminous United States by the Division of Health Resources Utilization Statistics of the National Center for Health Statistics. The survey sample is selected from doctors of medicine and osteopathy who are principally engaged in officebased, patient-care practice. Excluded from the sample are an indeterminate number of physicians who render some office-based ambulatory care but whose patient-care activities are secondary to another primary role such as teaching, research, or administration. Also excluded from the NAMCS scope are physicians who are hospital based; those whose specialty is anesthesiology, pathology, or radiology; and physicians in Federal service.

Since the estimates presented in this report are based on a sample rather than the entire universe of office-based, patient-care physicians, they are subject to sampling variability. Technical Notes, which follow this text, explain this and present guidelines for judging the relative precision of estimates in this publication. The directions offered there also provide the basis

¹This report was prepared by Hugo Koch, Division of Health Resources Utilization Statistics. for judging the statistical significance of differences between estimates.

DATA HIGHLIGHTS

With their estimated 20,728,000 office visits in the 2-year span 1975-76, urologists were among the 13 types of specialists who figured most prominently in the provision of officebased ambulatory care (table 1).

Compared with the entire universe of officebased physicians, the overall preference for solo practices over multiple-member was reversed for urologists (table 2); more than half of the visits (57 percent) were made to physicians in multiple-member arrangements, a preference

Table 1. Number of office visits to the 13 most-visited specialists, by type of specialty in rank order: United States, 1975-76

Rank	Type of specialty	Number of visits in thousands
1	General and family practice	460,297
2	Internal medicine	130,367
3	Pediatrics	107,085
4	Obstetrics and gynecology	97,070
5	General surgery	77,259
6	Ophthalmology	53,959
7	Orthopedic surgery	47,152
8	Dermatology	35,721
9	Psychiatry	30,616
10	Otolaryngology	27,192
11	Urology	20,728
12	Cardiovascular disease	13,517
13	Neurology	3,784

Table	2.	Nun	nber	and	per	cent	dist	ribu	ition	of	off	ice v	sits	to
urc	ologi	ists	and	perc	ent	dis	tribu	tion	of	offic	ce '	visits	to	all
'spe 19	ecial 75-7	ists '6	by	locati	on a	nd	type	of	prac	tice:	Ur	nited	Sta	tes,

	Number of	Visits to-			
Location and type of practice	visits to urologists in thousands	Urologists	All specialists		
		Percent di	stribution		
All visits	20,728	100.0	¹ 100.0		
Location of practice					
Metropolitan area ² Nonmetropolitan area	16,871 3,857	81.4 18.6	73.3 26.7		
Type of practice					
Solo Other	8,887 11,841	42.9 57.1	60.0 40.0		

¹Based on an estimated 1,155,900,000 visits made to all office-based physicians in 1975 and 1976.

shared by four others among the most-visited specialists: pediatricians, obstetricians and gynecologists, orthopedic surgeons, and otolaryngologists.

A majority (60 percent) of visits to urologists were made by patients over 44 years of age (table 3). The median visit age (i.e., the age calculated from the distribution of visits rather than individual patients) was about 47 years, exceeding by 10 years the national median of 37 years calculated from visits to all office-based physicians. An estimated 60 percent of visits to urologists were made by male patients (table 3), a proportion that substantially exceeded the average proportion of male visits found in overall office-based practice (40 percent). Indeed, urology is one of the few specialties where visits by males equaled or exceeded visits by females, the other notable exceptions being pediatrics, orthopedic surgery, and cardiovascular disease.

The 19.8 percent of visits to urologists made by new patients is relatively high compared with the corresponding 14.6 percent found in overall office-based practice (table 3). Contributing in a large degree to this increased presence of new patients is the finding that 2 of

Table 3, Number	and percent	distribution	of office	visits to
urologists and	percent dist	ribution of	office visit	s to all
specialists by s	elected chara	cteristics of	the patient:	United
States, 1975-76	5			

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	Number of	Visits to		
Patient characteristic	visits to urologists in thousands	Urologists	All specialists	
		Percent d	istribution	
All visits	20,728	100.0	¹ 100.0	
Age				
Under 15 years 15-24 years 25-44 years 45-64 years 65 years and over	1,504 1,539 5,228 6,587 5,870	7.3 7.4 25.2 31.8 28.3	18.1 15.1 25.5 25.1 16.2	
<u>Sex</u> Female Male	8,404 12,324	40.5 59.5	60.4 39.6	
Prior visit status				
New patient Old patient:	4,109	19.8	14.6	
New problem Old problem	1,670 14,949	8.1 72.1	23.2 62.3	

¹Based on an estimated 1,155,900,000 visits made to all office-based physicians in 1975 and 1976.

every 5 of these visits by new patients were referrals from other physicians or agencies. This referral rate (8.4 percent of all the urologists' visits) is more than triple the average rate of 2.6 percent found for all office-based physicians. It is exceeded by only one other of the most-visited specialties-neurology. For the 5,779,000 visits at which a new problem was presented to the urologist (i.e., the 4,109,000 visits by new patients plus the 1,670,000 visits by old patients with new problems), there were 14,949,000 return visits, an average of 2.6 return visits per new problem per year, a rate considerably higher than the average of 1.6 return visits found in overall office practice. Indeed, it was exceeded by only two others among the most-visited specialties-psychiatry and cardiovascular disease.

Ten complaints or symptoms accounted for 3 of every 5 visits to the urologist (table 4). The

²Within a standard metropolitan statistical area (SMSA). Composition of SMSA's does not reflect 1974 adjustments.

		Visi	ts to urolog	ists
Rank	Most common complaint or symptom and NAMCS code ¹	Number in thousands	Percent	Cumulative percent
1	Symptoms referable to urinary tract NEC ²	_		
~	(includes bladder trouble, passed stones)	2,541	12.3	12,3
2	Painful urination604	2,211	10.7	23.0
3	Frequency and nocturia	1,936	9.3	32.3
4	Symptoms referable to the male reproductive system other than male infertility, psychosexual problems, and pain, swelling, or mass of male geniral system		5.0	
Б	Bointai systemine of male conital systems	1,159	5.6	37.9
6	Abdemined point mass of male genital system	1,14/	5.5	43.4
~	Abdominar pan	830	4.0	47.4
	Governmentalities and apportant consituents	805	3.9	51.3
8	Other urinary dysfunction (includes hesitancy, large volume, slowing	j		
	of stream)	714	3.4	54.7
9	Incontinence of urine	657	3.2	57.9
10	Pain, swelling, injury of back region415	565	2.7	60.6

Table 4. Number, percent, and cumulative percent of office visits to urologists, by the 10 most common complaints or symptoms expressed by patients classified by NAMCS code and ranked by number of visits: United States, 1975-76

¹Based on a symptom classification developed for use in NAMCS.

²Not elsewhere classified.

terms and codes applied to these complaints or symptoms come from a symptom classification developed for use in the National Ambulatory Medical Care Survey.²

Of the complaints that patients presented to urologists, the majority (about 60 percent) signaled chronic conditions, i.e., preexisting conditions with an onset of 3 months or more before the visit. Although most of the visits for chronic conditions reflected a routine (maintenance) type of care, a relatively large proportion (two-fifths) were caused by a flareup of the condition, bringing to the urologist's office practice much the same aspect of clinical immediacy found among specialties such as general practice and pediatrics, where the emphasis is on acute morbidity—conditions with more recent onset and a more demanding and felt need for speedy attention.

Table 5 presents data on the 10 principal diagnoses most frequently rendered by the

office-based urologist. The principal diagnosis was the first-listed diagnosis on a survey form that permits up to three diagnostic entries.

Table 6 classifies all principal diagnoses made by urologists into major diagnostic groups. Diagnostic classes and codes are those established by the *Eighth Revision International Classification of Diseases, Adapted for Use in the United States* (ICDA). One diagnostic finding distinctive to the urologist's office practice is the relatively high frequency of neoplasms encountered there. Among the most-visited specialists (table 1), this frequency is exceeded by only two other specialists-dermatologists and general surgeons.

To establish a diagnosis, office-based urologists—like most of their office-based counterparts—placed focal reliance on the limited history and examination (table 7), one limited to the body sites and systems specific to their scope of specialization, and concerned primarily with the patient's chief complaint, painful urination, frequency, nocturia, and so forth. Urologists used laboratory tests about 3 times as often as the average office-based specialist, and their use of endoscopy (in 8.3 percent of visits) exceeded the use of these procedures by any of the 12 other most-visited specialists. Perhaps meriting attention is the relatively infrequent

²National Center for Health Statistics: The National Ambulatory Medical Care Survey, Symptom Classification, by Sue Meads and Thomas McLemore. *Vital and Health Statistics*. Series 2-No. 63. DHEW Pub. No. (HRA) 74-1337. Health Resources Administration. Washington. U.S. Government Printing Office, May 1974.

 Table 5. Number, percent, and cumulative percent of office visits to urologists, by 10 principal diagnoses most frequently rendered classified by ICDA category and ranked by number of visits: United States, 197,5-76

		Visi	ts to urolog	ists
Rank	Most frequent diagnosis and ICDA code ¹	Number in thousands	Percent	Cumulative percent
1 2 3	Cystitis	2,247 2,075 2.044	10.8 10.0	10.8 20.8 30.7
4	Prostatitis	1.927	9.3	40.0
5 6	Hyperplasia of prostate	1,217	5.9	45.9
	urethrocele	1,200	5.8	51.7
7	Urethritis (nonvenereal)	947	4.6	56.3
8 9	Malignant neoplasm of prostate	720	3.5	59.8
10	genital organs	705 608	3.4 2.9	66.1

¹Based on Eighth Revision International Classification of Diseases, Adapted for Use in the United States (ICDA). ²Not elsewhere classified.

number of occasions (about 14 percent of visits) at which a blood pressure reading was taken.

Drug therapy was the treatment most frequently provided by urologists (table 7); they used it in about 40 percent of visits, a proportion that was roughly paralleled in overall office-based practice. Their use of surgical procedures in the office (in about 19 percent of visits) substantially exceeded the average frequency of office surgery among all specialists.³

Table 8 presents data on the severity of the problems that patients presented to the urologist, expressing the doctor's judgment of the extent of impairment that might result if no care were available. In close parallel to the average tendency among all office-based practitioners, urologists judged most of their patients' problems (4 of every 5) to range from slightly serious to not serious in prognosis.

Directly reflecting the chronic nature of

most problems presented to them, urologists ended 7 of every 10 visits by scheduling a return visit at a specified time (table 8). The 7.1 percent of visits that ended in hospital admission

Table 6. Number and percent distribution of office visits to urologists by principal diagnoses classified by major ICDA group: United States, 1975-76

Principal diagnosis	Visits to urologists			
and ICDA codes ¹	Number in thousands	Percent distribution		
All principal diagnoses	20,728	100.0		
Neoplasms140-239 Diseases of the genitourinary	1,329	6.4		
system580-629 Symptoms and ill-defined	12,639	61.0		
conditions	1,813	8.8		
aftercare)	2,754	13.3		
and violence and Infective and	0.100	10 5		
parasitic diseasesResidual	2,193	10.5		

¹Based on Eighth Revision International Classification of Diseases, Adapted for Use in the United States (ICDA).

³In the National Ambulatory Medical Care Survey, office surgery is defined as "any surgical procedure performed in the office this visit, including suture of wounds, reduction of fractures, application/removal of casts, incision and draining of abscesses, application of supportive materials for fractures and sprains, and all irrigations, aspirations, dilatations, and excisions."

	Number of	Visit	s to—
Type of service provided	visits to urologists in thousands	Urologists	All spe- ialists ¹
Diagnostic service			
Limited history and examination	10,972	52.9	51.6
General history and examination	2,758	13.3	16.3
Clinical laboratory test	13,849	66.8 8.8	22.8 7.6
Blood pressure check	2,797	13.5	33.2
Endoscopy	1,727	8.3	1.2
Therapeutic service			
Drug prescribed	8,361	40.3	43.6
Injection	552	2.7	13.1
Medical counseling	1,991	9.6	13.0
Other services	962	4.6	5.6

Table 7. Number and percent of office visits to urologists and percent of office visits to all specialists, by type of service provided: United States, 1975-76

¹Percents based on an estimated 1,155,900,000 visits made to all office-based physicians in 1975 and 1976.

more than tripled the proportion (2.1 percent) common in overall office-based practice. Indeed, it was the highest rate of hospital admission among all the 13 most-visited specialties.

Data on duration of visit (table 8) reveal that the average face-to-face encounter between patient and office-based urologist lasted slightly more that 15 minutes; it did not differ substantially from the 15-minute average calculated for all office-based specialists.

Table 8. Number and percent distribution of office visits to urologists and percent distribution of office visits to all specialists by selected visit characteristics: United States, 1975-76

	Number of	Visit	s to
Visit characteristic	visits to urologists in thousands	Urologists	All specialists
		Percent di	stribution
All visits	20,728	100.0	¹ 100.0
Seriousness of problem			
Serious and very serious Slightly serious Not serious	4,105 7,692 8,931	19.8 37.1 43.1	19.2 32.3 48.5
Disposition (selected actions) ²			
No followup Return at specified time Return if needed Telephone followup Deformed to ather	766 14,600 3,603 491	3.7 70.4 17.4 2.4	12.3 60.2 21.9 3.5
physician or agency	578	2.8	2.8
physician Admit to hospital	535 1,481	2.6 7.1	0.9 2.1
Duration of visit ³			
1-5 minutes 6-10 minutes 11-15 minutes 16-30 minutes 31 minutes or more	2,819 6,000 5,043 5,763 1,082	13.6 29.0 24.3 27.8 5.1	15.1 31.5 26.6 19.5 5.5

¹Based on an estimated 1,155,900,000 visits made to all office-based physicians in 1975 and 1976. ²Figures will not add to totals because more than one dis-

position was possible. ³Face-to-face encounter between physician and patient.

SYMBOLS	
Data not available	
Category not applicable	•••
Quantity zero	-
Quantity more than 0 but less than 0.05	0.0
Figure does not meet standards of reliability or precision (more than 30-percent relative standard error)	*
Category not applicable Quantity zero Quantity more than 0 but less than 0.05 Figure does not meet standards of reliability or precision (more than 30-percent relative standard error)	 - 0.0

TECHNICAL NOTES

SOURCE OF DATA: The information presented in this report is based on data collected in the National Ambulatory Medical Care Survey (NAMCS) during 1975 and 1976. The target universe of the NAMCS is comprised of office visits made within the coterminous United States by ambulatory patients to non-Federal physicians who are principally engaged in office practice and are not in the specialties of anesthesiology, pathology, or radiology. The National Opinion Research Center, under contract to the National Center for Health Statistics, was the organization responsible for the survey's field operation.

SAMPLE DESIGN: The NAMCS utilizes a multistage probability design that involves samples of primary sampling units (PSU's), physician practices within PSU's and patient visits within practices. Each year a sample of practicing physicians is selected from master files maintained by the American Medical Association and American Osteopathic Association. (For the 2-year period 1975-76, a total of 180 urologists were included in the sample. They achieved a response rate of 85 percent.) Characteristics of the physician's practice, for example, primary specialty and type of practice, are obtained during an induction interview. The physicians are requested to complete Patient Records (brief encounter forms) for a random sample of office visits during a randomly assigned weekly reporting period.⁴ (In the 2-year period 1975-76, sampled urologists completed a total of 2,945 Patient Records.) A detailed description of the NAMCS design and procedures has been presented in an earlier publication.⁵

SAMPLING ERRORS: Since the estimates for this report are based on a sample rather than the entire universe, they are subject to sampling variability. The standard error is primarily a measure of sampling variability. The relative standard error of an estimate is obtained by dividing the standard error of the estimate by the estimate itself and is expressed as a percent of the estimate. Relative standard errors of selected aggregate statistics are shown in table I. The standard errors appropriate for the estimated percentages of the office visits are shown in table II.

Table I. Approximate relative standard error of estimated numbers of office visits, NAMCS 1975-76

Estimate in thousands	Relative standard error in percentage points
600	30.2
1,000	23.5
2,000	16.7
4,000	12.0
10,000	8.0
40,000	4.8
200,000	3.4
1,000,000	3.1

Example of use of table: An aggregate estimate of 25,000,000 visits has a relative standard error of 6.4 percent or a standard error of 1,600,000 visits (6.4 percent of 25,000,000).

Table II. Approximate standard errors of percentages for estimated numbers of office visits, NAMCS 1975-76

Base of percentage (number of visits in thousands)	Estimated percentage					
	1 or 99	5 or 95	10 or 90	20 or 80	30 or 70	50
	Standard error in percentage points					
600	3.0	6.5	9.0	1 12.0	13.8	1 15.0
1,000	2.3	5.1	7.0	9.3	10.7	11 6
2,000	1.6	3.6	4.9	6.6	7.5	8.2
4,000	1.2	2.5	3.5	4.7	5.3	5.8
10,000	0.7	1.6	2.2	2.9	3.4	3.7
40,000	0.4	0.8	1.1	1.5	1.7	1.8
200,000	0.2	0.4	0.5	0.7	0.8	0.8
1,000,000	0.1	0.2	0.2	0.3	0.3	0.4

Example of use of table: An estimate of 20 percent based on an aggregate estimate of 80,000,000 visits has a standard error of 1.3 percent. The relative standard error of 20 percent is 6.5 (1.3 percent \div 20 percent).

ROUNDING: Aggregate estimates of office visits presented in the tables are rounded to the nearest thousand. The rates and percents, however, were calculated on the basis of original, unrounded

⁴A facsimile of the Patient Record appears as figure I.

⁵National Center for Health Statistics: The National Ambulatory Medical Care Survey, 1975 Summary, United States, January-December 1975, by Hugo Koch and Thomas McLemore. Vital and Health Statistics. Series 13-No. 33. DHEW Pub. No. (PHS) 78-1784. Public Health Service. Washington. U.S. Government Printing Office, Jan. 1978.



figures. Due to rounding of percents, the sum of percentages may not equal 100.0 percent.

DEFINITIONS: An *ambulatory patient* is an individual presenting himself for personal health services who is neither bedridden nor currently admitted to any health care institution on the premises.

An office is a place that the physician identifies as a location for his ambulatory practice. Responsibility over time for patient care and professional services rendered there generally resides with the individual physician rather than an institution.

A visit is a direct personal exchange between an ambulatory patient and a physician or a staff member working under the physician's supervision for the purpose of seeking care and rendering health services.

A physician is a duly licensed doctor of medicine (M.D.) or doctor of osteopathy (D.O.) currently in practice who spends time in caring for ambulatory patients at an office location. Excluded from NAMCS are physicians who specialize in anesthesiology, pathology, radiology; physicians who are federally employed; physicians who treat only institutionalized patients; physicians employed full time by an institution; and physicians who spend no time seeing ambulatory patients.



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